

THE WESTIN

HILTON HEAD ISLAND
RESORT & SPA

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FOR IMMEDIATE RELEASE

**WESTIN WORKOUT® FITNESS STUDIO REMODELED
AT THE WESTIN HILTON HEAD ISLAND RESORT & SPA**

Hilton Head Island, SC (February 13, 2012) – The WESTIN WORKOUT® Fitness Studio just completed the installation of its new workout equipment along with a full remodeling of the space. As fitness is such a large component of maintaining one’s well-being and an important part of a guest’s routine, the WestinWORKOUT® Fitness Studio was developed to provide a state of the art fitness environment. Justin Neuhart, Manager of Fun Activities says, “Our guests have been so excited to have access to top of the line, brand new fitness equipment. For a resort of our size, we have about doubled the amount of required gym equipment needed, because maintaining fitness is so important to our guests.”

- LifeFitness equipment includes: 5 treadmills, 3 elliptical machines, 1 upright bike, 1 recumbent bike, 2 adjustable benches, 1 dumbbell set (5-50lbs), 1 leg extension, 1 seated leg curl, 1 shoulder press, 1 lat pull down, 1 chest press, 1 abdominal/back machine, 1 leg press, & 1 hip abduction/adduction, & 3 stability balls.
- The gym area renovation has brand new flooring, wall covering, lighting, and murals.
- Gym access includes men’s & women’s restrooms including lockers, showers, and amenities.
- Entrance to facility requires a guest room key, with 24hr access.

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The WESTIN WORKOUT® Fitness Studio is just the beginning of the exciting total transformation package for The Westin Hilton Head Island Resort & Spa. An approximate \$30 million renovation is underway by new owners, Southwest Value Partners. In partnership with Starwood Hotels & Resorts, the owners plan to enhance the guest experience at the Hilton Head Island resort, by completing the largest capital improvement investment in the history of the resort since its initial construction. Starwood Hotels & Resorts will continue to manage the resort under a long-term, 20-year management agreement. The improvements planned for the resort include renovations of every guest room, all meeting spaces, main lobby areas, outdoor venues and pool areas. The plans and design team are currently being finalized for all areas.

About The Westin Hilton Head Island Resort & Spa

Located within Port Royal Plantation, The Westin Hilton Head Island Resort & Spa is an AAA Four Diamond Award-winning resort overlooking the Atlantic Ocean with 412 guest rooms and suites. The resort offers a variety of dining options, outdoor swimming pools, a 9-treatment room Heavenly Spa by Westin with full service salon, WestinWORKOUT®, a health club, running and walking trails, beach and water sports. Guests also have access to the Port Royal Golf & Racquet Club, featuring three spectacular 18-hole golf courses: The Barony, Planter's Row and Robber's Row, designed by George W. Cobb, Willard C. Byrd and Pete Dye, respectively. The Port Royal Racquet club features 14 tennis Har-Tru clay and Nova hard courts. The Westin Hilton Head Island Resort & Spa also offers over 30,500 square feet of indoor and outdoor meeting space that consist of 15 meeting rooms, including a 13,200 square-foot Grand Ballroom, an Oceanfront Pavilion and two Executive Boardrooms, www.westinhiltonheadisland.com

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